

HEALTHCARE INNOVATION SYMPOSIUM XXXVI

COVID STRESS – THE 2ND PANDEMIC

PROBLEMS AND POTENTIAL RESOURCES

Thursday, February 24, 2022
12:00 – 2:00 pm

CLICK BELOW TO REGISTER FOR THIS WEBINAR:

https://emory.zoom.us/webinar/register/WN_-NIVx23qSQyANopviNmplA

Moderator: Fred Sanfilippo MD, PhD, Director, Healthcare Innovation Program

KEYNOTE SPEAKER



COVID Stress and Vulnerable Populations

DEB HOURY, MD, MPH
Acting Principal Deputy Director
Centers for Disease Control and Prevention

PANELISTS



Impact on Faculty and Staff Stress and Well-Being

TIM CUNNINGHAM, RN, DRPH
Co-Chief Well-Being Officer
Adjunct Associate Professor
Nell Hodgson Woodruff School of Nursing
Emory University



COVID Stress and Underserved Communities

KISHA B. HOLDEN, PHD, MSCR
Poussaint-Satcher Endowed Chair in Mental Health
Satcher Health Leadership Institute
Professor of Psychiatry and Behavioral Sciences
Morehouse School of Medicine



Student Impact, Resources, and Cognitive Based Compassion Training (CBCT)

CHARLES LANE, BA
Medical Student Class of 2023
Emory University School of Medicine



Transcendental Meditation (TM) to Reduce Stress and Anxiety

STUART ROTHENBERG, MD
Medical Director
Center for Resilience
The David Lynch Foundation



Mindfulness Based Stress Relief (MBSR) for Healthcare Workers

DANIEL MONTI, MD, MBA
Professor and Chair
Department of Integrative Medicine & Nutrition
Thomas Jefferson University



Community Resilience Model (CRM) to Promote Well-Being

LINDA GRABBE, PHD, FNP, PMHNP
Clinical Assistant Professor
Nell Hodgson Woodruff School of Nursing
Emory University



Effects of Non-invasive Vagal Nerve Stimulation (VNS) on Stress

J. DOUGLAS BREMNER, MD
Professor of Psychiatry and Behavioral Sciences and Radiology
Emory University School of Medicine
Staff Psychiatrist, Atlanta VAMC



The Woodruff Health Sciences Center Office of Well-Being

CHAD RITENOUR, MD
Co-Chief Well-Being Officer, WHSC
Chief Medical Officer, Emory University Hospital
Professor and Vice Chair, Dept of Urology